

# Advice on Your HEALTH

By HERMAN N. SUNDESEN, M.D.  
Ever since the time of Hippocrates, physicians have worried with the problem of herpes gingivitis. Well, we have a new hold on it now, but it isn't locked yet.

**Usually Painful**  
While shingles do not kill and are usually not serious, they do produce an unpleasant rash and almost always a great deal of pain. And if it attacks your delicate eye tissue, the virus it might leave can impair your vision.

You are most likely to be struck by this virus if you are a man and past the age of 50. Children are seldom stricken. The disease usually develops in early summer or late autumn. It can, however, strike at any time.

**Related to Chicken Pox**  
The virus which causes shingles is closely related to the one responsible for chicken pox. For three or four days before the rash breaks out, you probably will have chills, a feeling of weakness and maybe a slight fever. Your stomach and bowels might be upset too.

You will notice pain at the spot where the rash will break out. This rash, composed of blisters surrounded by red skin, appears in a few days and spreads along the course of various nerves.

**After Five Days**  
About five days after the blisters begin to dry up and scab from them, in younger patients, the pain usually lasts until the rash begins to heal. This pain may vary from merely an annoying itching to a severe burning sensation.

In older patients, the pain may continue for months or even years, after the rash has cleared up.

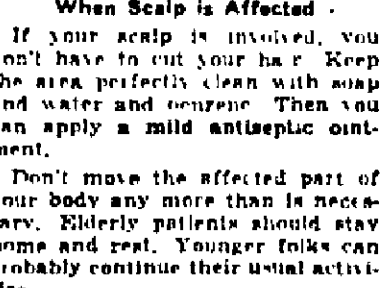
**Drugs That Help**  
Some physicians report that eurenin, if given at the beginning of the disease, will help prevent, or modify this lingering after-pain. A new product called Proctamide also gave "good to excellent" results in a number of test cases, according to Dr. William Marsh of the National Naval Medical Center, ACHT and eurenin usually help relieve the pain suffered along with the rash.

often gives relief. Use of an electric heating pad might be helpful, too.

Three times a day you might apply a mild lotion to the rash, such as zinc ointment or boric acid ointment with one per cent phenol.

**When Scab is Affected**  
If your scab is involved, you don't have to cut your hair. Keep the area perfectly clean with soap and water and ointment. Then you can apply a mild antiseptic ointment.

Don't move the affected part of your body any more than is necessary. Elderly patients should stay home and rest. Younger folks can probably continue their usual activities.



## KITCHEN FIRES

Don't use water—use soda or grease fire from over heated frying pan and broilers. Soda quickly smothers flames. Keep a box of Co. Brand Baking Soda handy.

**YOUR HOUSEHOLD TREASURE**

# Your Money's Worth

By Sylvia Porter

**"FRIENDLY" INDEED!**  
How "friendly" can you get? The Senate Banking Committee's investigation of the stock market—the first full-dress probe into "Wall Street" in 20 years—is scheduled to begin in Washington this Thursday, March 3.

The committee's chairman, Senator Fulbright, Democrat of Arkansas, has emphasized repeatedly that it will be a "friendly" study.

"We are not trying to prove any wrong-doing," he said. "We are going to be a 'friendly' study."

Well, it is going to be a "friendly" study indeed. In fact, the chances are, if any wrong-doing is uncovered, it will be provided on the part of others than Wall Street.

But for me now is the list of the 20 experts Fulbright has called to testify at the investigation into the sensational stock market boom of the last 18 months. I personally know most of the men.

By stretching my imagination, I can pick out a couple who may be mildly critical of the way private financial authorities have policed the stock market in the last few years.

If I don't stretch my imagination, I can't find any.

Keith Funt, president of the New York Stock Exchange, Edward McCormick, president of the American Stock Exchange, James Day, president of the Midwest Stock Exchange.

Does the committee expect from these men an admission that the exchanges have been lax in policing their members or a statement that stock prices are now dangerously high?

Of course not. These men "are" Wall Street. They're going to Washington loaded with statistics to prove the opposite.

Winthrop Smith, managing partner of Merrill Lynch, Pierce, Fenner & Smith, is another.

**Television Features**  
11:00—**BURNING KNOW:** News and analysis of the day's events.  
11:30—**BARRY MOORE SHOW:** Comedy and music.  
12:00—**THE NEWS:** National and international news.  
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# TODAY'S RADIO PROGRAM

Daytime Features			
11:15—LOCAL NEWS From the Post and Telegram	WNAS	News Lake	5:10 Post Talk
11:30—STARKIE IN RICE Andrews participation	WNAS	News Lake	5:10 Post Talk
11:30—MAKE UP NEWS Leonard Warren, opera baritone to guest WCRB	WNAS	News Lake	5:10 Post Talk
11:45—LOCAL NEWS From the Post and Telegram	WNAS	News Lake	5:10 Post Talk
12:00—JEWISH MUSIC FESTIVAL Music arranged by Max Wiener	WNAS	News Lake	5:10 Post Talk
12:45—SYNCHRON MATINEE Symphony No. 2 by D. B. Beethoven	WNAS	News Lake	5:10 Post Talk
1:15—HOUSE PARTY Richard Madden, lawyer is guest WCRB	WNAS	News Lake	5:10 Post Talk
4:00—THEATER MUSIC Walter Blat WNYC	WNAS	News Lake	5:10 Post Talk

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