

Advice on Your HEALTH

By HERMAN N. BUENDES, M.D. Probably no disease holds more dread, or causes more worry for you parents, than poliomyelitis, or infantile paralysis.

While polio, of course, is a terrible disease and has caused tragedy in many an American home, it is not the wholesale killer or paralyzing terror that most of you have come to believe.

I know you've probably been reading a lot of newspaper stories about polio and the current March of Dimes campaign. But I think a few more articles are in order to help you better understand just what polio is, what it does and does not do, and what you and science can do about it.

Incidentally, I want to urge you to support the National Foundation for Infantile Paralysis' March of Dimes program before it ends next week. Polio is on the increase in the United States, and this organization is spearheading efforts to find an effective preventive.

Statistics Tell Story Just how great a menace is polio? Well, let's look at some of the statistics. The number of cases, of course, varies from year to year. In 1938, there were only 1,705 cases in the entire country. In 1952, the total was 57,628. More than 1,000 of these were in Chicago alone, and I had to declare that it had reached epidemic proportion there. There were about 40,000 cases in 1954.

Yet even in the worst years, the proportion of those stricken with diagnosed polio is relatively small. Actually, the chances of your child contracting a diagnosed case of polio during the first 20 years of his life is as low as 1 in 100,000.

Adults Have Good Odds You adults have even better odds. I'll explain why in another column. Even if you or your youngster are stricken, you still have the odds in your favor. The National Foundation reports that 50 per cent of the recognized cases of polio recover completely. About 30 per cent show slight after-effects, and about 14 per cent are left crippled. Some six per cent may die. The death rate has been cut in half since the 1938-41 period.

Of the 14 per cent left severely handicapped, many are greatly aided through rehabilitation and special equipment. The 30 per cent suffering only a mild degree of paralysis usually are able to continue living an ordinary life with few, if any, restrictions.

Each year, on the average, the number of cases of measles, scarlet fever and tuberculosis is far greater than the reported cases of polio. Still, for every recognized case of polio it's estimated there are at least 100 cases of unrecognized polio.

QUESTION AND ANSWER E. M. J.: Is dilantin helpful? Will it increase the blood pressure? Answer: Dilantin, properly employed under the physician's direction, is helpful. It is employed to control convulsions.

MILFORD Johnny's Radio & TV Repair and Service Tel. Milford 2-5607

ON TELEVISION TODAY

Table listing TV programs by time slot (6 AM to 11 PM) and station (WABC, WCBS, WNBC, WISN, etc.).

Television Features

Table listing TV features by time slot (7:00 AM to 11:00 PM) and station.

Daytime Features

Table listing daytime TV features by time slot (11:00 AM to 6:00 PM) and station.

WOLF GETS \$14,400 AS GOVERNOR'S AIDE Herman Wolf of West Hartford, former Democratic town chairman in Stratford, is the top salaried member of Governor Ribicoff's office staff.

TODAY'S RADIO PROGRAM

Table listing radio programs by time slot (5 A.M. to 11 PM) and station (WABC, WCBS, WNBC, WISN, etc.).

Daytime Features

Table listing daytime radio features by time slot (11:00 AM to 6:00 PM) and station.

Evening Highlights

Table listing evening radio highlights by time slot (7:00 PM to 11:00 PM) and station.

WOLF GETS \$14,400 AS GOVERNOR'S AIDE (Continued) This is the same salary paid Albert W. Coote of West Hartford who filled a similar post in the Lodge administration.

Jacoby on Bridge

Here's Example of Unscientific Bid

Table showing a bidding sequence for a bridge hand, including North and South bids and trumps.

BY OSWALD JACOBY Nobody could successfully maintain that today's hand was bid scientifically. North might well have kept quiet with his miserable hand instead of doubling the only contract that he had any defense against.

When North did double, East might well have kept quiet with his even more miserable hand. Finally, when South bid three spades, there was no need for West to double.

In view of the bidding, West could hardly expect to win more than three aces; and this was not enough for a double that promised five defensive tricks.

All might still have worked out well for the defenders, if West had opened the king of clubs and then shifted to hearts. Instead, however, West opened the ace of hearts and continued with his low hearts.

Understanding CHILDREN

By ANGELO PATRI

Reading to an audience is one of the most difficult of public performances. It is never easy but a few hints may help. First write the story. Make the first paragraph as light as possible by telling a story that has some reference to the subject. Select one that has a smile in it.

Go over the story; select the points; write each topic sentence on a card; arrange your cards in sequence; have as few of them as possible. Now, using your cards, referring to your script as often as necessary, talk the story aloud. Do this day after day. You will find that you can discard a card now and then, so reducing the number.

Go over the script again. Are the sentences as short as you can make them and still make sense? Are the words easy to say? Use short ones. Avoid the three syllable ones if possible. Watch for S's, the fewer the better. Time yourself and keep well within the time limit. A month is none too long to study a reading or a speech. Confidence comes from knowing what is to be said and how it is to be delivered, so don't spare the rehearsal. Try to discard the script and talk. You are on your own!

It was now clear that he was going to win seven trump tricks and the king of hearts, no matter what else might happen. One other trick would be enough to fulfill the doubled contract.

South was tempted to lead a diamond towards dummy's jack in the hope that West had the ace and queen. If this were the case, West would get two diamond tricks, but South would get the one trick he needed. South saw a better plan, however, based on the assumption that West had no more hearts.

South began his campaign by leading his singleton club. West properly hopped up with the king of clubs and tried to get out safely by leading the ace of clubs. South now made the fine play of discarding a diamond instead of ruffing the ace of clubs.

West dared not lead another club since dummy would make the queen; so he had to lead diamonds, thus giving South a trick with the diamond king.

If South had tried to set up a diamond trick by forcing he would have lost his contract, for all of the key diamonds were badly placed for him.

HUNTER GETS SURPRISE JUNEAU, Alaska. (AP) When Homer Hilsinger, a Fish and Wildlife Service biologist in Alaska, bagged a goose on a recent hunting trip in Washington state he got quite a surprise. The goose bore a leg band which had been attached by his fellow Fish and Wildlife Service biologists on the Yukon River, north of the Arctic Circle.

For public use, industry and Irrigation the United States uses 200 billion gallons of water a day, says the National Geographic Society.

PROMPT Radio-TV Service ED 3-2274 Frank's Radio & Television 2367 MAIN STREET

TECH RADIO TV SERVICE 1167 PEMBRROKE ST. BPT. PHONE: ED 3-1585

PACE ACCOUNTANCY AND Business Administration Prentice-Hall Federal Taxes (C.P.A. Training) ENROLL NOW Approved For Veterans Dial Edison 3-3601 BUTLER BUSINESS SCHOOL Merged With Booth & Baylis 211 State Street, opp. City Hall

FLY SKYCOACH MIAMI .....\$39 CHICAGO .....\$24 DALLAS .....\$56 CALIF. ....\$88 Plus Tax - Save 10% On Round Trip - Airoach Associates 1115 MAIN ST. SUITE 503 TEL. Edison 3-4870

Typewriting Saturday Class As in recent years, we will conduct a Saturday morning class in Typing starting Feb. 5 for 13 weeks. If interested dial Edison 3-3601 or call at the school as soon as convenient. BUTLER BUSINESS SCHOOL Merged With Booth & Baylis 211 STATE ST.—opp. City Hall

CARD SENSE Q—The bidding has been: North East South West 1 Club Pass 1 Diamond Pass 1 Heart Pass ? You, South, hold: Spades K-7-2, Hearts Q-7-5-4, Diamonds K-J-6-3, Clubs A-3. What do you do? A—Bid four hearts. This jump to game is not a "stop" bid but shows a very strong hand. The strength is, however, limited by the fact that you leave it up to your partner to make the first slam try (if any).

TODAY'S QUESTION The bidding is the same as in the question just answered. You, South, hold: Spades 7-5-3, Hearts 8-4-2, Diamonds A-Q-J-10-6, Clubs K-4. What do you do? Answer Tomorrow

SIX KILLED AS AUTO HITS TRAILER TRUCK LAWTEY, Fla., Jan. 23—(AP) A semi-trailer truck jackknifed across U. S. 301 yesterday and a passenger car crashed into it, killing six persons. The dead: Mr. and Mrs. Richard Lee Hilliard, ages about 25 and 22; their children, Lydia, about 3, and Ricky, 8 months; Hilliard's uncle, Preston G. Hilliard, 47; and Mrs. Hilliard's father, Ray Phillman, about 47. All but Phillman lived in Jacksonville. Phillman's home was Miami. Two other Hilliard children, Carolyn, 7, and Barbara, 6, were injured.

ATLANTIC gasoline High Octane—regular price SEE YOUR ATLANTIC DEALER

On Signature Only: LOANS \$50 TO \$500 CASH YOU GET 20 mo. 18 mo. 12 mo. 6 mo. THE Mutual LOAN SYSTEM 872 Main Street (GROUND FLOOR) Phone ED 4-5193 HAROLD M. DUNBAR, Mgr. OPEN THURSDAY EVENINGS DERBY OFFICE: 59 ELIZABETH ST. — PH. DERBY RE 5-3347

TAKE CARE OF YOUR EYES Why Strain Them by Viewing A Faulty TV Set Our Experts Will Make Your Picture Crystal Clear For Your Viewing Comfort. CALL Edison 6-1881 RADIO SERVICE SPECIALISTS, Inc. 2270 FAIRFIELD AVE