Advice on Your HEALTH

By HERMAN N. BUNDESEN, M.D.

Too often the Christmas holidays are occasions for too much of everything. You eat too much, you play too hard, you get to bed too late. You're busy having a good time, and you overdo just about everything.

Take it easy, or you may spoil your holidays. Worse yet, you may not be able to get back to work on time. Or feel up to doing your best work if you do get there.

Too Many Goodies

Candies, cookies and goodies of all kinds abound in virtually every home at Christmastime. And of course, there's the big Christmas dinner, too.

Constant nibbling of candy, cookies, nuts and the like and then topping all this with a heavy meal of rich foods, is bound to bring discomfort, if not actual damage, to your body.

Strain on System

Overindulgence of this sort puts a strain on your heart, blood vessels, kidneys and liver. You may be having a good time, but think of your body's machinery!

These foods in themselves are not harmful. It's their abuse, not their use, that does the harm. Your stomach will let you know when you have abused it. Indigestion will quickly make you regret your ways.

Remedy for Indigestion

If you are troubled by indigestion this afternoon, you can probably get relief by taking sodium bicarbonate and lying down. Mix a teaspoonful in half a glass of warm water and drink it slowly.

While you should try to avoid overeating, it is equally important to avoid excessive exertion. This is particularly true of those of you in the later years of life.

Proper Clothing

Dress warmly when you go out into the cold weather. When you come back into the house, take off your overcoat, sweater and other outdoor gear even if you're going to remain inside for just a few minutes.

Don't stand around in a warm room and perspire. If you do, you're inviting trouble when you go out again. The sudden change in temperature will strain your heart. And you know what that can do.

Get Enough Rest

For today, and all of next week, plan your activities to allow enough rest. Take a few minutes several times each day to sit down and relax. And to get to bed on time. Make sure you get your eight hours sleep every night.

If you heed this simple advice, you have a much better chance of being around to enjoy the Christmas holidays again next year.

QUESTION AND ANSWER

C. R.: Would an acid saliva cause bad breath and, if so, how could it be cured?

Answer: Acidity of the saliva may come from infection, which, in turn, might give the breath a bad odor. It might also be due to some infection of the salivary glands.

Cooking's Fun!

HOLIDAY WEEKEND SUPPER

The honey-and-apple flavor of this hot bread is at its best when the muffins are served hot from the oven.

Clam Chowder
Leftover Turkey Salad
Special Corn Muffins
Tangerines and Grapes—Beverage

Special Corn Muffins

Ingredients: 3-4 cup sifted flour, 3 teaspoons baking powder, 1-2 teaspoon salt, 1-3 cup water-ground yellow cornmeal, 1 egg, 1-4 cup honey, 1-3 cupmilk, 2 tablespoons butter or margarine (melted), 1-2 cup finely diced unpeeled red apple.

Method: Sift together the flour, baking powder and salt: stir in cornmeal. Beat egg until thick and ivory colored; add honey and milk and beat enough to combine. Add flour-cornmeal mixture, melted butter and apple; stir just until dry ingredients are well moistened. Fill greased muffin cups one-half full and bake in hot (400 degrees) oven until lightly browned and cake tester inserted in center comes out clean. If cups in muffin pan are 1-3 cup size, there will be 9 muffins that will need about 15 minutes baking.

QUESTIONS & ANSWERS

—What was the original purpose of the Library of Congress?

A—As a reference library for the members of Congress. Now, however, the library serves the entire public.

Q—From what part of the sheep does the best wool come?

A—From the shoulders and sides. The wool grows coarser and less desirable farther back and lower down.

Q—What is the correct way for women to salute the flag?

A—By placing the right hand over the heart.

Q—What year has been proposed for the adoption of the World Calendar?

A—The year 1961 has been advocated since the year begins on Sunday and it would give time to prepare for a change.

Q—Why were Egyptain temple walls thicker at the bottom than at the top?

A—Because of the weakness of the clay and sun-dried brick construction.

BRILLIANT TILES

The clay tiles that line the dome of the famous mosque of Sidi Okba, Kairwan, Tunisia, still retain their brilliance though they were installed more than 1,000 years ago.

ITALIAN TIRED OF TAXES SETS UP OWN 'REPUBLIC'

TRICARICO, Italy, Dec. 24—(AP) A sheepherder tired of paying taxes has proclaimed a six-acre "autonomous republic" here in arid, poverty-ridden south Italy. After 24 hours it didn't look as if the new "state" would be long lived.

Notice of its formation was printed in chalk on the walls of Tricarico's little town square yesterday by 59-year-old Michele Mulieri.

The sole inhabitants of the new republic are Mulieri, his wife and five children. He said, however, that anyone else sick and tired of paying taxes to Italy would be welcome.

Mulieri suggested that if Rome wants to have any further dealings with him President Luigi Einaudi should send an official ambassador.

Instead the government sent three policemen. They were directed to keep a watch over the Mulieri farm and see to it that the head of the new republic either stays home or produces a "valid passport"—in the form of a receipt for his due taxes.

Jacoby on Bridge

Be Careful When Using This Play

NORTH (D) 25
♠ A J
♥ K 8 2
♦ 7 6 5
♣ K Q 8 4 2

WEST
♠ K 10 9 7 4 3
♥ A 5
♦ Q
♣ J 9 6 3

EAST
♠ Q 8 5 2
♥ Q 6
♦ A J 10 9 2
♣ 10 7

SOUTH
♠ 6
♥ J 10 9 7 4 3
♦ K 8 4 3
♣ A 5

East-West vul.

North	East	South	West
1 ♣	Pass	1 ♥	1 ♠
2 ♥	2 ♠	4 ♥	Pass
Pass	Pass		

Opening lead—♦ Q

By OSWALD JACOBY

On this day of the year even a bridge column should tell a story of generosity rewarded. The story is built around today's hand, which was played in a recent team match.

At both tables the bidding was the same, and in each case West opened the queen of diamonds. Naturally enough, East at each table took the ace of diamonds and returned the jack At each table South played the king of diamonds at the second trick. And now my story begins.

The first West player ruffed the king of diamonds with the five of hearts. He then shifted to a low spade. Declarer went up with the ace of spades, got to his hand with the ace of clubs, and let a heart towards the dummy. West naturally had to play the ace of hearts, and he then tried to cash the king of spades.

South ruffed, led a high trump to dummy's king, and cashed the king and queen of clubs, discarding a diamond from his hand. He then ruffed a low club in order to discard his last low diamond. Hence this declarer made his game contract, losing only the ace of diamonds, a diamond ruff, and the ace of trumps.

At the second table the West player happened to be Generous George. He studied the king of diamonds at the second trick for some time before playing. He decided that South was bound to have the ace of clubs and that South probably had only a singleton spade. After thinking about this, he announced: "No sense being stingy to such nice people. I'll give them a little present."

Having made this statement, George ruffed the king of diamonds with the ace of hearts. This generous play didn't cost a trump trick, since East later made the queen of hearts. What's more, East thus gained the lead in time to cash the setting trick with the ten of diamonds.

It worked out this way. West led a spade at the third trick, and dummy's ace won. No matter how declarer played the trumps and clubs, East could ruff the third club with the queen of hearts and could then cash the ten of diamonds. The defenders thus got two diamond tricks and two trumps, defeating the contract.

♥ CARD Sense ♦

Q—The bidding has been:

South	West	North	East
1 Club	Pass	1 Dmd.	Pass

You, South, hold: Spades K-Q-10 Hearts A-J-10. Diamonds Q-J-2. Clubs A-K-J-3. What do you do?

A—Bid three no- trump. Even though you have only 21 points in high cards, you have two useful tens and you want to make sure of being in a game no matter how weak your partner may be. As a matter of fact, nobody would blame you for opening the hand with two no - trump to begin with, even though it is technically short 1 point.

TODAY'S QUESTION

The bidding is the same as in the question just answered. You, South, hold: Spades A-Q-10, Hearts A-J-10, Diamonds Q-2, Clubs A-K-J-3-2. What do you do?

Answer Monday

The tiny Dutch colony of St. Eustatius in the West Indies fired the first foreign salute to American sovereignity in 1776.

TODAY'S RADIO PROGRAM

DIAL SETTINGS

WNAB—1450	WMCA—570
WICC—600	WINS—1010
WRCA—660	WTIC—1080
WOR—710	WNEW—1130
WABC—770	WAVZ—1250
WNYC—830	WNLK—1350
WCBS—880	WSTC—1400
WMGM—1050	WQXR—1560

Daytime Features

P.M.

12:00—TREE LIGHTING: Rebroadcast of ceremony at White House with President Eisenhower on Dec. 17 WQXR

12:00—ROMANCE: Dramatic series WCBS

12:30—GUNSMOKE: Western adventure drama WCBS

1:00—CITY HOSPITAL: Melville Ruick in dramatic series WCBS

2:00—GLORIOUS BIRTH: Narrated by Paul Hume, Washington music critic and columnist WRCA

2:00—METROPOLITAN OPERA: The Barber of Seville WNAB, WABC

2:00—SERVICEMEN: GIs overseas exchange greetings with folks back home WICC, WOR

2:45—FOOTBALL: Blue-Gray game from Montgomery, Ala. WICC, WOR

3:00—DALLAS SYMPHONY: Walter Hendl conducts WRCA

3:00—CHRISTMAS PLAY: Hansel and Gretel by Humperdinck WQXR

4:30—MENOTTI OPERA: Amahl and the Night Visitors WRCA

5:00—FESTIVAL: Music from light opera and ballet WABC

5:30—CHRISTMAS 1954: Fred MacMurray and Glenn Ford are among guests WRCA

Evening Highlights

6:30—CAPITOL CLOAKROOM: Washington interviews WCBS

6:30—THY KINGDOM COME: Christmas music scored for brass and voice choirs WRCA

7:00—MASTERWORK HOUR: Christmas Day program WNYC

7:05—MAKE WAY FOR YOUTH: Christmas program of songs WCBS

7:30—COLLEGE QUIZ BOWL: Teams from University of Minnesota and Wesleyan university compete WRCA

7:30—GANGBUSTERS: Anti-crime drama WCBS

8:00—GUNSMOKE: Western adventure drama WCBS

8:00—CONVERSATION: Christmas will be the topic WRCA

8:05—SYMPHONY HALL: Christmas program WQXR

8:30—JUKEBOX JURY: Peter Potter and guests WCBS

8:30—BOSTON SYMPHONY: Guido Cantelli conducts WRCA

8:30—CHRISTMAS CAROL: Charles Dickens classic WABC

9:00—TWO FOR MONEY: Quiz show with Herb Shriner WCBS

9:00—BASKETBALL: New York Knickerbockers vs. Syracuse Nationals WMGM

10:00—CHICAGO THEATER: Christmas at Dingley Dell WOR

10:30—LOUISVILLE ORCHESTRA: Conducted by Robert Whitney WCBS

11:00—LOCAL NEWS: From The Post and Telegram WNAB

11:30—THIS IS NEW YORK: Ethel Merman, Mitzi Gaynor, Dan Dailey, Johnnie Ray are guests WCBS

Station	6 A.M.	6:30	7 A.M.	7:30
WNAB	Stop for Lake	Stop for Lake	News: Lake	News: Lake
WICC	News: B. Crane	Bob Crane	Weather: Crane	Crane: News
WRCA	Farm News	Farm News	News: Edwards	News: Edwards
WOR	John Gambling	John Gambling	News: Clock	Musical Clock
WABC	Doug Browning	Doug Browning	News: Browning	Doug Browning
WNLK	Off the Air	Dick Bee	News: Bee	News: Bee
WLAD	Off the Air	Off the Air	Off the Air: Spts.	Rise and Shine
WCBS	Jack Sterling	News: Sterling	News: Sterling	Sterling: News
WMGM	Newsreel	Newsreel	Ted Brown Show	News: Brown
WNEW	Anything Goes	News: Anything	Anything Goes	News: Anything
WMCA	News: Gallagher	Gallagher-O'Brien	News: Gallagher	Gallagher-O'Brien

Station	8:00	8:15	8:30	8:45
WNAB	News	News: Lake	Stop for Lake	Stop for Lake
WICC	Local News	Garden Show	Bob Crane	Bob Crane
WRCA	News	Allyn Edwards	News	Allyn Edwards
WOR	News: Rehmann	John Gambling	John Gambling	John Gambling
WABC	News	Doug Browning	Clubhouse	Club: News
WNLK	News: Bee	Dick Bee	Dick Bee	Bee: Safe Program
WNYC	Christmas Voices	Christmas Voices	Around New York	New York: News
WCBS	News: Roundup	Bob Haymes	Bob Haymes	Bob Haymes
WMGM	Ted Brown	Ted Brown	News: Brown	Ted Brown
WMCA	News: Gallagher	Gallagher-O'Brien	Gallagher-O'Brien	Gallagher-O'Brien
WQXR	News: Symphony	Bible Symphony	Bible Symphony	Bible Symphony

Station	9:00	9:15	9:30	9:45
WNAB	No School Today	No School Today	No School Today	No School Today
WICC	9 o'Clock News	Bob Crane	News: Crane	Bob Crane
WRCA	Allyn Edwards	Allyn Edwards	Herb Sheldon	Allyn Edwards
WOR	News	Foreign Travel	News: McCann	McCanns at Home
WABC	Boy Next Door	Boy Next Door	Boy Next Door	Boy: News
WNLK	News: Songs	Songs of Our Times	Science	Teenage Glamour
WLAD	News: Devotions	Kiddie Musicals	500 Radio Row	500 Radio Row
WNYC	Masterworks	Masterworks	Masterworks	Masterworks
WCBS	News: B. Haymes	Bob Haymes	Galen Drake	Galen Drake
WMGM	Should Be Fun	Should Be Fun	Should Be Fun	Fun: News
WNEW	Anything Goes	Anything Goes	News: Bill Kemp	Bill Kemp
WMCA	News: Gallagher	Gallagher-O'Brien	Listen to Story	Listen to Story
WQXR	News: Music	Inst. Music	Inst. Music	Inst. Music

Station	10:00	10:15	10:30	10:45
WNAB	Teen Show	Teens Show	Space Patrol	Space Patrol
WICC	News: Sears	Song Shop	News: Song Shop	Song Shop
WRCA	News: Sheldon	Herb Sheldon	Coy's Caravan	Coy's Caravan
WOR	News	Martha Deane	Martha Deane	Martha Deane
WABC	Martin Block	Martin Block	Martin Block	Martin Block
WNLK	News: Hi Teens	Hi Teens	Hi Teens	Hi Teens
WLAD	News: Radio Row	500 Radio Row	500 Radio Row	High School News
WNYC	Masterworks	Masterworks	Youth Plays	Youth: News
WCBS	News: Drake	Galen Drake	Coy's Music	Coy's Music
WMGM	Bandstand	Bandstand	Bandstand	Bandstand: News
WNEW	M. B. Ballroom	M. B. Ballroom	News: Ballroom	M. B. Ballroom
WMCA	News: Crooner	Crooner Hour	Crooner Hour	Crooner Hour
WQXR	Christmas Music	Christmas Music	Christmas Music	Christmas Music

Station	11:00	11:15	11:30	11:45
WNAB	Vic Zembruski	Vic Zembruski	Vic Zembruski	Vic Zembruski
WICC	Something Old	Something Old	News: Old	Something Old
WNLK	News: Records	Records	Records	Records
WRCA	News: Coy	Coy's Caravan	John Conte	John Conte
WOR	News	Queen Elizabeth	News: Olsen	Johnny Olsen
WABC	Martin Block	Martin Block	Martin Block	Martin Block
WLAD	News: Radio Row	500 Radio Row	500 Radio Row	500 Radio Row
WNYC	Little Orchestra	Little Orchestra	Pals of PAL	Pals of PAL
WCBS	Coy's Music	Coy's Music	Robert Q. Lewis	Robert Q. Lewis
WMGM	Woman's World	Woman's World	Woman's World	Woman: News
WNEW	M. B. Ballroom	M. B. Ballroom	News: Ballroom	M. B. Ballroom
WMCA	News: Records	Records of T'm'w	Tomorrow's Rec'ds	Tomorrow's Rec'ds
WQXR	News: Concert	Concert	Violin P'ra'nalities	Luncheon Concert

Station	Noon	12:15	12:30	12:45
WNAB	Vic Zembruski	Vic Zembruski	Vic Zembruski	Vic Zembruski
WICC	That's Life	That's Life	That's Life	That's Life
WRCA	Farm and Home	Farm and Home	Home Gardener	Home Gardener
WOR	Farm Quiz	Farm Quiz	News	Travel Session
WABC	Space Patrol	Space Patrol	No School Today	No School Today
WLAD	News	500 Radio Row	500 Radio Row	500 Radio Row
WNLK	YMCA	News	Rozsika & Laszlos	Rozsika & Laszlos
WNYC	Oklahoma City Or	Oklahoma City Or	Oklahoma City Or	Symphony: News
WCBS	News: Romance	Romance	Gunsmoke	Gunsmoke
WMGM	Hits of Week	Hits of Week	Hits of Week	Hits: News
WNEW	Bill Harrington	Bill Harrington	News: Harrington	Bill Harrington
WMCA	News: Music	Music Makers	Music Makers	Music Makers
WQXR	Tree Lighting	Luncheon Concert	Luncheon Concert	Luncheon Concert

Station	1:00	1:15	1:30	1:45
WNAB	News: Zembruski	Vic Zembruski	Vic Zembruski	Zembruski: News
WICC	Yule Round World	Yule Round World	Yule Round World	Yule Round World
WNLK	News: Hungarian	Hungarian Hour	Hungarian Hour	Hungarian Hour
WRCA	Music of America	Music of America	To be announced	To be announced
WOR	Players Meet Kids	Players Meet Kids	Wonderful City	Wonderful City
WABC	News: Navy	Navy Concert	News: Maracas	Shake Maracas
WLAD	News: Music	Barn Dance	Club 500	U.S. Marines
WNYC	Chamber Music	Chamber Music	Chamber Music	Weather: News
WCBS	City Hospital	Hospital: News	Stan Daugherty	Stan Daugherty
WMGM	Hits of Week	Hits of Week	Hit Tune	Hits: News
WNEW	Man on Beat	Man on Beat	News: On Beat	Man on the Beat
WMCA	News: Hit Tunes	Hit Tunes	Hit Tune Time	Hit Tune Time
WQXR	News: Symphony	Midday Symphony	Midday Symphony	Midday Symphony

Station	2:00	2:15	2:30	2:45
WNAB	Met. Opera	Met. Opera	Met. Opera	Met. Opera
WICC	Servicemen	Servicemen	Servicemen	Servicemen
WRCA	Glorious Birthday	Glorious Birthday	AF Symphony	AF Symphony
WOR	Servicemen	Servicemen	Football	Football
WABC	Met. Opera	Met. Opera	Met. Opera	Met. Opera
WNLK	UN Story	Marine Band	Bill Forbes	Bill Forbes
WLAD	News: 500	500 Radio Row	500 Radio Row	Air Reserve
WNYC	French Plays	French Plays	French Plays	French Plays
WCBS	News: Randle	Dick Randle	News: Randle	Dick Randle
WMGM	Hits of Week	Hits of Week	Hits of Week	Hits: News
WNEW	Music Hall	Music Hall	News: Music	Music Hall
WMCA	Love Songs	Love Songs	Love Songs	Love Songs
WQXR	News: Footlights	Footlights	Music from Movies	Music from Movies

Station	3:00	3:15	3:30	3:45
WNAB	Met. Opera	Met. Opera	Met. Opera	Met. Opera
WICC	Football	Football	Football	Football
WRCA	Dallas Symphony	Dallas Symphony	Dallas Symphony	Dallas Symphony
WNLK	News: 1350 Club	1350 Club	1350 Club	1350 Club
WOR	Football	Football	Football	Football
WABC	Met. Opera	Met. Opera	Met. Opera	Met. Opera
WLAD	News: Music	500 Radio Row	500 Radio Row	500 Radio Row
WNYC	France in Song	France in Song	Concert	Concert
WCBS	News: Randle	Dick Randle	Dick Randle	Dick Randle
WMGM	Tops in Pops	Tops in Pops	Tops in Pops	Pops: News
WNEW	Music Hall	Music Hall	News: Music	Music Hall
WMCA	Sweet and Solid	Sweet and Solid	Sweet and Solid	Sweet and Solid
WQXR	Christmas Play	Christmas Play	Christmas Play	Christmas Play

Station	4:00	4:15	4:30	4:45
WNAB	Met. Opera	Met. Opera	Met. Opera	Met. Opera
WICC	Football	Football	Football	Football
WNLK	News: 1350 Club	1350 Club	1350 Club	1350 Club
WRCA	Vassar Choir	Vassar Choir	Night Visitors	Night Visitors
WOR	Football	Football	Football	Football
WABC	Met. Opera	Met. Opera	Met. Opera	Met. Opera
WNYC	Christmas Music	Christmas Music	Christmas Music	Music: News
WCBS	News: Randle	Dick Randle	Dick Randle	Dick Randle
WMGM	Bill Silbert	Bill Silbert	Bill Silbert	B. Silbert: News
WNEW	Ford at Four	Ford at Four	Ford at Four	Ford at Four
WMCA	Jukebox	Jukebox	Jukebox	Jukebox
WQXR	Christmas Play	Christmas Play	Christmas Play	Christmas Play

Station	5:00	5:15	5:30	5:45
WNAB	News: Kane	Kane's Corner	Kane's Corner	Here's to Vets
WICC	Football	Football	Football	Red F'ther: News
WRCA	Night Visitors	Queen Elizabeth	Christmas '54	Christmas '54
WOR	Football	Football	Football	Teenagers
WNLK	News: 1350 Club	1350 Club	1350 Club	1350 Club
WABC	News: Festival	Festival	Festival	Festival
WLAD	Off the Air	Off the Air	Off the Air	Off the Air
WNYC	Reviewing Stand	Reviewing Stand	London Forum	London Forum
WCBS	News: Randle	Dick Randle	News: Randle	New York Post
WMGM	Ted Husing	Ted Husing	Bandstand	Bandstand: News
WNEW	Bill Kemp	Bill Kemp	News: Ballroom	M. B. Ballroom
WMCA	News: Crosby	Bing Crosby	Bing Crosby	Bing Crosby
WQXR	News: Music	Cocktail Time	Cocktail Time	Cocktail Time

Station	6:00	6:15	6:30	6:45
WNAB	News	Sports	Fairfield U.	Sereno Gammell
WICC	News	Sports	Music	Music
WRCA	News	H. V. Kaltenborn	Kingdom Come	Kingdom Come
WOR	News	Facts Forum	News	Sports
WABC	Martin Block	Martin Block	Martin Block	Martin Block
WLAD	Off the Air	Off the Air	Off the Air	Off the Air
WNLK	News	Sports	Jazz	Jazz
WNYC	Across the Sea	Across the Sea	Across the Sea	Weather: News
WCBS	News: Lou Cioffi	Herman Hickman	Cloak Room	Cloakroom
WMGM	Ted Brown	Ted Brown	Ted Brown	Brown: News
WMCA	News: Music	Music	Music	Giant Jottings
WQXR	News: Concert	Concert: Weather	Dinner Concert	Dinner Concert

Station	7:00	7:15	7:30	7:45
WNAB	News: Spanish	Spanish Voice	Spanish Voice	Spanish Voice
WICC	Music	Rosary	Word of Life	Word of Life
WRCA	Heart of News	Heart of News	College Quiz	College Quiz
WOR	Pop the Question	Pop the Question	Have a Heart	Have a Heart
WABC	Martin Block	Martin Block	Jack Wyrtzen	Jack Wyrtzen
WNYC	Masterworks	Masterworks	Masterworks	Masterworks
WCBS	News: Youth	Way for Youth	Gangbusters	Gangbusters
WMGM	Tops in Pops	Tops in Pops	Tops in Pops	Tops: News
WNLK	News: Dixieland	Dixieland	Proudly We Hail	Proudly We Hail
WNEW	M. B. Ballroom	M. B. Ballroom	News: Ford	Art Ford
WMCA	News: Music	Broadway Music	Broadway Music	Broadway Music
WQXR	News: Quartet	String Quartet	String Quartet	String Quartet

Station	8:00	8:15	8:30	8:45
WNAB	News: Queen	Queen Elizabeth	Christmas Carol	Christmas Carol
WICC	Dance Music	Dance Music	Dance Music	Dance Music
WNLK	News: Parson	Country Parson	Country Parson	Country Parson
WRCA	Conversation	Conversation	Boston Symphony	Boston Symphony
WOR	True or False	True or False	Family Theater	Family Theater
WABC	News: Queen	Queen Elizabeth	Christmas Carol	Christmas Carol
WNYC	Masterworks	Masterworks	Limited Edition	Limited Edition
WCBS	Gunsmoke	Gunsmoke	Jukebox Jury	Jukebox Jury
WMGM	Best Sellers	Best Sellers	Best Sellers	Sellers: News
WNEW	Art Ford	Art Ford	Art Ford	Art Ford
WMCA	News: Varieties	Spotlight	Spotlight Varieties	Spotlight Varieties
WQXR	News: Symphony	Symphony Hall	Symphony Hall	Symphony Hall

Station	9:00	9:15	9:30	9:45
WNAB	News: Dancing	Dancing Party	Dancing Party	Dancing Party
WICC	Dance Music	Dance Music	Dance Music	Dance Music
WRCA	Boston Symphony	Boston Symphony	Grand Ole Opry	Grand Ole Opry
WOR	Neverend. Search	Neverend. Search	Greene: Lombardo	Guy Lombardo
WABC	News: Dance	Dancing Party	Dancing Party	Dancing Party
WNYC	Limited Editions	Limited Editions	Marie LaGuardia	Marie LaGuardia
WCBS	Two for Money	Two for Money	Saturday Night	Night: News
WMGM	Basketball	Basketball	Basketball	Basketball
WNEW	Bill Williams	Bill Williams	Bill Williams	Bill Williams
WNLK	Dance Parade	Dance Parade	To be announced	To be announced
WMCA	News: Melodies	Melody Fashions	Night at Tufaro's	Night at Tufaro's
WQXR	News: Studio	Studio Series	Studio Series	Studio Series

Station	10:00	10:15	10:30	10:45
WNAB	News: Kane	Kane's Corner	Kane's Corner	Kane's Corner
WICC	Dance Music	Dance Music	Dance Music	Dance Music
WRCA	Bill's Place	Bill's Place	Bill's Place	Bill's Place
WOR	Chicago Theater	Chicago Theater	Chicago Theater	Chicago Theater
WABC	News: Ozark	Ozark Jubilee	George H. Combs	George H. Combs
WNYC	Off the Air	Off the Air	Off the Air	Off the Air
WCBS	Saturday Night	Saturday Night	Louisville Or.	Louisville Or.
WMGM	Basketball	Basketball	Best Sellers	Best Sellers
WNEW	Most in Music	Most in Music	Most in Music	Most in Music
WMCA	News: Let's Dance	Let's Dance	Let's Dance	Let's Dance
WQXR	News: Music	Carr & Carpenter	Carr & Carpenter	Carr & Carpenter

Station	11:00	11:15	11:30	11:45
WNAB	News: Sports	Kane's Corner	Kane's Corner	Kane: News
WICC	News	Dance Music	Dance Music	Dance Music
WRCA	News	Music Shop	Bill's Place	Bill's Place
WOR	News	John Gambling	Gambling: Weath.	Jan Barton
WABC	News	Jean Martin	From Dixie	Dixie: News
WCBS	News	Jean Martin	This Is New York	This Is New York
WMGM	Newsreel Theater	Newsreel Theater	Christmas Carols	Christmas Carols
WNEW	Most in Music	Most in Music	Most in Music	Most in Music
WMCA	News: Kaufman	Murray Kaufman	Murray Kaufman	Kaufman: News
WQXR	News: Music	Record Previews	Record Previews	Record Previews

Station	Mid.	12:15	12:30	1 A.M.
WICC	Dance Music	Dance Music	Dance Music	Music
WRCA	News: Music	Night Music	Night Music	Night Music
WOR	News: Zaria	Michael Zaria	Airmen: Dance	Mr. Midnight
WABC	Club 700	Club 700	Club 700	Club 700
WCBS	Music Until Dawn	Music Until Dawn	Music Until Dawn	Music Until Dawn
WMGM	Happiness Exch'ge	Happiness Exch'ge	Happiness Exch'ge	Happiness Exch'ge
WNEW	Milkman's Matinee	Milkman's Matinee	News: Milkman	Milkman (to 6)
WMCA	Barry Gray	Barry Gray	Barry Gray	Barry Gray
WQXR	[illegible] Music	World of Music	World of Music	Off the Air

Fix It Yourself

By HUBBARD COBB (The Handy Man)

MISCELLANEOUS

When you order wallpaper, paint or lineoleum for a certain job, get a little more than is absolutely necessary. The extra comes in handy if there is any patching to do of worn spots later on.

Before you repack a radiator valve in a hot water system, be sure to drain enough water out of the boiler so that there isn't any water in the radiator that you are working on. If you don't, the minute you remove the packing nut you will get a flood of water over you and the floor.

When you drive in cut flooring nails, be sure that the flat side of the nail is parallel with the grain of the wood. By the way, the reason that a blunt pointed nail is less likely than a sharp pointed nail to split wood is that a blunt point will break through the wood fibers while a sharp point pushes them aside with a wedging action.

Next time you install hinges on a door, be sure not to make the recess for the hinges too deep. If you do, the edge of the door will be tight against the frame and this will pry the hinge loose as the door is closed. The recess for the hinge should be the same depth as the thickness of the hinge plate.

Window glass comes in different strengths. For most jobs, single strength (S. S.) is adequate but do not use it in any openings larger than 24 x 36 inches. For these larger openings use the double strength glass (D. S.).

TWO GIRLS RESCUED IN COLCHESTER POND

COLCHESTER, Dec. 24 — (AP) Two little girls who came here from California to spend Christmas with their grandfather fell through the ice on a pond here today. An uncle rescued them.

State Trooper Robert Donahue siad both were in the water about five minutes before they were pulled out by their uncle, John Savitsky, 43. He had come out of the house and saw them thrashing on top of the water.

Police identified them as Shirley, 5, and Lucille, 4, whose parents, Mr. and Mrs. John Mlenar of Van Nuys, Calif., were visiting on the farm of Joseph Savitsky.

Shirley was reported in critical condition at Middlesex hospital in Middletown, Lucille was treated by a doctor at home.

Bridgeport Fan 'Calls Play' for $500

By FRED H. RUSSELL

New Yorkers are not such hot sports fans.

For four weeks in a row Mel Allen's "Call The Play" sports teaser went unanswered until a Bridgeport housepainter ended the drought with two words—and won himself the accumulated $500 in U. S. Savings Bonds.

The two words given Allen's sportscasting cohort, Guy LeBow, were "I'd pass!", and Walter Chernesky, of 1943 Seaview avenue, who has followed sports all of his 49 years won himself a lusher Christmas.

Seen on WCBS-TV at 6:15 p.m., Saturdays "Call The Play," has Allen doing the play by play recaps on film of exciting scenes from professional football, baseball and basketball games.

At a crucial point in the reenactment, the film is stopped and a viewer at home is called by phone to supply what he considers to be the next logical play. If the fan's call coincides with the actual play in the game, he wins a $100 Bond. Until Chernesky's two-word correct call, four fans in the four preceding weeks muffed their chances. The money carries over from week-to-week.

Chernesky's poser was taken from a N. Y. Giants-Cleveland Browns football game. The Giants trailed, 16-10, with 40 seconds remaining in the game. It was second down, as Allen pointed out to Chernesky, with 10 to go on the Browns' 12-yard line.

The situation, with time running out, called for the Giants to advance the ball and yet to stop the clock after every play. "What would you do?" Chernesky was asked.

Chernesky put himself in quarterback Charley Conerly's cleats and correctly answered: "I'd pass." He indicated to Guy LeBow, who makes the local call for WCBS-TV, that the pass should be near the sidelines so the receiver could step out of bounds and stop the clock, if the play didn't go for a touchdown.

Which was the way it went in the game, and to Chernesky went the $500.

Chernesky and his wife, Anna, have four children. A son, Walter Edward, a fireman, drives the hook and ladder for Bridgeport's Headquarters company.

Television Features

AM

11:00—CHURCH SERVICE: From Washington Cathedral (Episcopal) (4) (8)

12:00—BIG TOP: Circus acts (2) (8)

1:30—AMERICA IN MAKING: Educational series (2)

2:45—FOOTBALL: Blue and Gray from Montgomery, Ala. (4) (8)

4:30—HOLY NIGHT: Story of Nativity (In Color) (2)

5:00—CHRISTMAS HOUR: Judith Anderson, Monty Woolley, Corps de Ballet; Symphonette; Choraliers (2)

7:30—BEAT THE CLOCK: Guest contestants (2)

7:30—ETHEL AND ALBERT: Peg Lynch and Alan Bunce in situation comedy (4)

8:00—JACKIE GLEASON SHOW: Comedy (2)

8:00—MICKEY ROONEY SHOW: Situation comedy (4) (8)

8:00—SOLDIER PARADE: GI talent show (7)

9:00—TWO FOR MONEY: Quiz with Herb Shriner (2)

9:00—IMOGENE COCA SHOW: Situation comedy (4) (8)

9:00—BOXING: Four amateur bouts from Albany (7)

9:00—PROFESSIONAL BASKETBALL: Knickerbockers vs. Syracuse (11)

9:30—MY FAVORITE HUSBAND: Joan Caulfield and Barry Nelson in situation comedy (2)

9:30—STAR THEATER: Donald O'Connor and guests (4) (8)

9:30—WRESTLING: From Marigold Gardens, Chicago (5)

10:00—GEORGE GOBEL SHOW: William Garagan, actor, is guest (4) (8)

10:00—STORK CLUB: Celebrities chat and entertain (7)

10:30—WILLIE: June Havoc in situation comedy (2)

10:30—HIT PARADE: Musical dramatization of top tunes of week (4) (8)

CHANGING FIELD

The magnetic field of the earth, which is responsible for attracting the compass needle to the north, undergoes slow changes from year to year.

In the dark a cat's whiskers are brought forward to touch nearby objects, thus warning it of obstacles.

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ON TELEVISION TODAY

6:00	6:15	Station	6:30	6:45
Off the Air	Off the Air	WCBS-2	Off the Air	Preview: Day
Off the Air	Sermon 6:25	WRCA-4	Modern Farmer	Modern Farmer

7:00	7:15	Station	7:30	8:00
Cartoon Carnival	Cartoon Carnival	WCBS-2	Breakfast Show	Breakfast Show
Herb Sheldon	Herb Sheldon	WRCA-4	Herb Sheldon	Herb Sheldon

8:15	8:30	Station	8:45	9:00
Breakfast Show	Christmas Film	WCBS-2	Christmas Film	Oz Carousel
Herb Sheldon	Herb Sheldon	WRCA-4	Herb Sheldon	Kids Theater
Off the Air	Off the Air	WABC-7	Off the Air	Tales of Trail
Off the Air	Off the Air	WNHC-8	Off the Air	Mr. Wizard, 9:15

9:30	10 A.M.	Station	10:30	10:45
Oz Carousel	Time for Beany	WCBS-2	Winky Dink	Winky Dink
Kid's Theater	Happy Felton	WRCA-4	Paul Winchell	Paul Winchell
Off the Air	Off the Air	WABD-5	Movie	Movie
Tales of Trail	Sun-T-Ta	WABC-7	Ed O'Connell	Ed O'Connell
Wizard: Cartoons	Capt. Midnight	WNHC-8	Ed O'Connell	Ed O'Connell

11 A.M.	11:30	Station	12 Noon	12:30
Capt. Midnight	Abbott & Costello	WCBS-2	The Big Top	The Big Top
Church Service	Church Service	WRCA-4	Christmas Film	Christmas Film
Movie	Movie	WABD-5	Movie	Movie
Space Patrol	Party Quiz	WABC-7	Italian Cooking	Italian Cooking
Church Service	Church Service	WNHC-8	The Big Top	The Big Top
Off the Air	Off the Air	WOR-9	Off the Air	Off the Air
Off the Air	Big Picture	WPIX-11	Film	Film
Off the Air	Off the Air	WATV-13	Film	Film

1 P.M.	1:15	Station	1:30	1:45
Lone Ranger	Lone Ranger	WCBS-2	Making America	Making America
Movie	Movie	WRCA-4	Movie	Movie
Film	Film	WABD-5	Film	Movie
Sports Reel	Movie	WABC-7	Movie	Movie
Roy Rogers	Roy Rogers	WNHC-8	Christmas Carol	Christmas Carol
Off the Air	Off the Air	WOR-9	We Celebrate	We Celebrate
Film	Movie	WPIX-11	Movie	Movie
Comedy Corner	Comedy Corner	WATV-13	Movie	Movie

2 P.M.	2:30	Station	3 P.M.	3:30
What in World	Youth Takes Stand	WCBS-2	Christmas	Christmas Film
Movie	Movie: Game	WRCA-4	Football	Football
Movie	Movie	WABD-5	Film	Film
Movie	Movie: Film	WABC-7	Film	Film
Rin Tin Tin	Film: Football	WNHC-8	Football	Football
Big Picture	Movie	WOR-9	Movie	Movie
Movie	Movie	WPIX-11	Film	Film
Movie	Film	WATV-13	Film	Film

4 P.M.	4:30	Station	5 P.M.	5:30
Christmas Film	Holy Night	WCBS-2	Christmas Hour	Christmas Hour
Football	Football	WRCA-4	Football	Top Secret
Movie	Movie	WABD-5	To be announced	Movie
Film	Italian Film	WABC-7	Italian Film	Italian Film
Football	Football	WNHC-8	Football	Corliss Archer
Conflicts	Movie	WOR-9	Movie	Movie
Film	Film	WPIX-11	Movie	Movie
Movie	Movie	WATV-13	Junior Frolics	Junior Frolics

5:45	6 P.M.	Station	6:30	6:45
Christmas Hour	Reports: Allen	WCBS-2	Film	Film
Short Story	Abbott & Costello	WRCA-4	Range Rider	Range Rider
Movie	Movie	WABD-5	Cardinal Spellman	Old Timer
Italian Film	Many Moons	WABC-7	Many Moons	Many Moons
Corliss Archer	Lone Ranger	WNHC-8	Ask for It	Ask for It
Movie	Film	WOR-9	Film	Film
Film	Ramar of Jungle	WPIX-11	To be announced	To be announced
Junior Frolics	Film	WATV-13	Film	Movie

7 P.M.	7:15	Station	7:30	7:45
Gene Autry	Gene Autry	WCBS-2	Beat the Clock	Beat the Clock
Film	Film	WRCA-4	Ethel & Albert	Ethel & Albert
Joe Palooka	Joe Palooka	WABD-5	Annie Oakley	Annie Oakley
Gloria Swanson	Gloria Swanson	WABC-7	Dangerous A.	Dangerous A.
Your Life	Your Life	WNHC-8	To be announced	To be announced
Film	Film	WOR-9	Movie	Movie
News: Weather	Cooking Show	WPIX-11	Movie	Movie
News: Weather	Foreign Press	WATV-13	Movie	Movie

8 P.M.	8:15	Station	8:30	8:45
Jackie Gleason	Jackie Gleason	WCBS-2	Jackie Gleason	Jackie Gleason
Mickey Rooney	Mickey Rooney	WRCA-4	Place the Face	Place the Face
Movie	Movie	WABD-5	Movie	Movie
Soldier Parade	Soldier Parade	WABC-7	Dotty Mack	Dotty Mack
Mickey Rooney	Mickey Rooney	WNHC-8	Place the Face	Place the Face
Movie	Movie	WOR-9	Movie	Movie
Movie	Movie	WPIX-11	Movie	Movie: News
Movie	Movie	WATV-13	Movie	Movie

9 P.M.	9:15	Station	9:30	9:45
Two for Money	Two for Money	WCBS-2	Favorite Husband	Favorite Husband
Imogene Coca	Imogene Coca	WRCA-4	Star Theater	Star Theater
Movie	Movie	WABD-5	Wrestling	Wrestling
Boxing	Boxing	WABC-7	Boxing	Fight Talk
Imogene Coca	Imogene Coca	WNHC-8	Star Theater	Star Theater
Joyful Hour	Joyful Hour	WOR-9	Joyful Hour	Joyful Hour
Basketball	Basketball	WPIX-11	Basketball	Basketball
Film	Film	WATV-13	Film	Film

10 P.M.	10:30	Station	10:45	11 P.M.
That's My Boy	Willy	WCBS-2	Willy	News: Film
George Gobel	Hit Parade	WRCA-4	Hit Parade	News: Wolf
Wrestling	Wrestling	WABD-5	Sports: Wrestling	Wrestling
Stork Club	Victory at Sea	WABC-7	Victory at Sea	Mr. D.A.
George Gobel	Hit Parade	WNHC-8	Hit Parade	Wrestling
Movie	Movie	WOR-9	Movie	Movie
Basketball	Basketball	WPIX-11	Basketball	News: Weather
Movie	Movie	WATV-13	Movie	Film

11:30	12 Mid.	Station	12:15	12:30
Late Film	Late Film	WCBS-2	Late Film	Late Film
Wolf: Film	Film	WRCA-4	Film	Off the Air
Wrestling	News: Sports	WABD-5	Off the Air	Off the Air
Off the Air	Off the Air	WABC-7	Off the Air	Off the Air
Wrestling	Movie	WNHC-8	Movie	Movie
Film	Film	WOR-9	Film	Off the Air
Movie	Movie	WPIX-11	Movie	Movie
Film	Film	WATV-13	Film	Film

12:45	1:00	Station	1:15	1:30
Late Film	Late Film	WCBS-2	Late Late Film	Late Late Film

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Etiquette for Teenagers

Should a teenage hostess serve refreshments when guests come to visit?

Is it proper for a boy to help his date off with storm boots if she wears them to a party?

Should a young boy buy a black or midnight blue tuxedo?

Amy Vanderbilt answers these and other "Problems of the 'Awkward Age'" — in next Sunday's PARADE, the picture magazine supplement in

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