

Advice on Your HEALTH

By HERMAN N. BUNDESEN, M.D.
Periodic attacks of excruciating headache on one side of the head, preceded by flashes of light before the eyes and accompanied by nausea and vomiting, add up to the condition known as migraine, one of the most perplexing of all medical puzzles.

Dozens of theories have been advanced to explain its peculiar behavior, but evidence is lacking to support many of them and none has led to a completely successful treatment. Experts of more than 70 years ago believed migraine to be due to spasm of the blood vessels in the brain and, even today, this theory is favored by some.

Other Theories
Our constantly expanding knowledge of allergy has led to the idea that migraine may be due to oversensitivity, and it is also suggested that some disturbance of the glands of internal secretion may play a role in producing this disease. Vitamin deficiencies have also been proposed as a cause.

Sometimes a thorough examination will reveal the source of the trouble in the individual case, and here treatment can be directed at preventing the recurrent bouts of headache altogether. In the vast majority of cases, however, no definite cause can be found; hence treatment can only be useful in stopping the attack as soon as possible after it develops.

Helpful Preparation

For this purpose, the most helpful preparation seems to be one known as ergotamine tartrate. Drugs which will dilate the blood vessels, and simple pain-relieving drugs do not seem to be of much value.

In using the ergotamine, it is important that it be given in sufficient dosage as early in the course of an attack as possible.

A derivative of ergotamine, known as dihydroergotamine methanesulfonate or D.H.E.-45, has also been employed with good results in migraine attacks.

Combined Treatments

A more recent treatment consists of the giving of a combination of ergotamine tartrate with caffeine by mouth, or by giving it combined with atropine in a suppository which is administered through the rectum. It has been found that either of these treatments has been more effective in relieving the migraine than the ergotamine alone.

During an attack, the patient should be put in complete rest in bed, preferably in a darkened room.

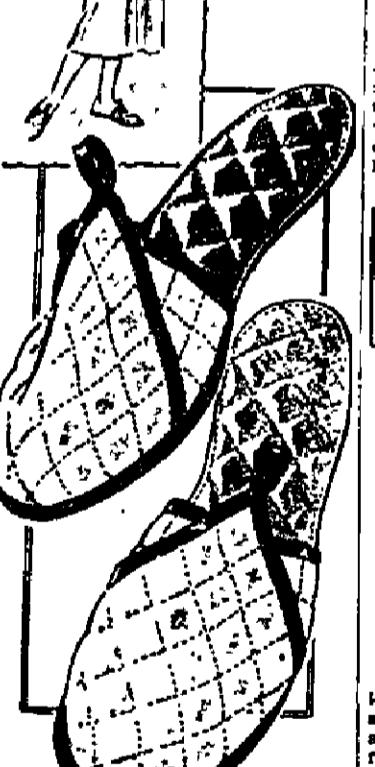
The drugs mentioned above should, of course be administered periodically.

Periodic Attacks of Excruciating Questions and Answers

T.C.: My sister has an abscess in her rectum, which is very painful. It is red and swollen, disappears for a while and then starts up again. What can be done?

Answer: It is possible that your sister has what is known as a rectal fistula. This condition is best corrected through surgery.

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Literary Guidepost

REQUIEM FOR A NUN, by Willard Faulkner (Random House)

Courtship, governor's mansion and bull-pen at the jail, near the gallows... these are the three scenes of the condemned and the gallows... these are the three scenes in the new novel, or drama, or novel-drama combination, by the 1950 Nobel prize winner. If it's new form, it is not a new locality: This is Jackson and Jefferson, in Mississippi, and Faulkner's old Yoknapatawpha country. It is not new cast, either; you will remember Temple, of "Sanctuary," now wife of Gowen Stevens, mother of two children, niece of lawyer Gavin Stevens.

She was the mother of two until Nancy Mannion, Negro maid who had as much in her past to be rescued from as Temple herself, smothered one in its cradle. Gavin tries to save Nancy, but in November the judge sentences her to hang in March and the rest of this book fills in the intervening time with ever mounting tension. Gavin is not satisfied with the verdict, or with Temple's attitude, and he follows her home for a talk, though she doesn't want one, nor does Gavin.

She has a lot on her conscience and there are not only the days in Memphis, with Popeye and Pop-eye's friend Red but also in the seven or eight intervening years there has been a soul-searching which left, not a woman redeemed and restored to society, but harried, beset and still wretched and alone. In three or four gripping scenes, Gavin sternly confronts her and demands a confession.

In a sense this seems perhaps Faulkner's confession, too, or at least recantation. If he wrote "Sanctuary," as he said, to be spectacular and to sell, here he has softened the theme; this bears the Lord's assurance, we learn from Nancy, that He gives us the best He can, including the chance to suffer.

The three parts open with the histories, Faulkner's histories of places and buildings; for example, "Act One" is entitled "The Courthouse" and subtitled "A Name for a City," which was a short story published within a year or so.

These introductions are not good. These passages in straight dialogue form, apparently ready for the stage, are absolutely first-rate. The battle of Temple's formidable guilt against her own conscience rages across some of Faulkner's finest pages.

ON TELEVISION TODAY

9:30 A.M.	Color Test	10 A.M.	WCRB-1 Off the Air Off the Air Off the Air	10:30	Color Program	10:45	Color Program	11:15	Color Test	11:30	Break the Bank	11:45	Break the Bank
11 A.M.	Margaret Allen Locking Room Kitchen Fare Cooking Recipe Dinner Date	11:15	Strike It Rich Locking Room Kitchen Fare Langford Amherst Dinner Date	11:30	Strike It Rich Locking Room Kitchen Fare Margie Johnson Strike It Rich Kitchen Kapers	11:45	Strike It Rich Locking Room Kitchen Fare Margie Johnson Strike It Rich Kitchen Kapers	12:15	Victor Lindahl Kate Smith Natalie Wood Strike It Rich Margie Johnson Strike It Rich Kitchen Kapers	12:30	Post 10 News Frigidaire Time Strike It Rich Margie Johnson Strike It Rich Kitchen Kapers	12:45	Post 10 News Frigidaire Time Strike It Rich Margie Johnson Strike It Rich Kitchen Kapers
12 Noon	The Fox and I In Manhattan Dinner, F. Krahe News Langford Amherst Off the Air	12:15	Love of Life WCRB-1 WCRB-2 WCRB-3 WCRB-4 WCRB-5 WCRB-6 WCRB-7	12:30	Search for Invader Date in Manhattan The Fox and I Love of Life Langford Amherst Off the Air	12:45	Steve Allen show Date in Manhattan The Fox and I Love of Life Langford Amherst Off the Air	1:15	WCRB-1 WCRB-2 WCRB-3 WCRB-4 WCRB-5 WCRB-6 WCRB-7	1:30	1150 Club Platter Parade WCRB-1 WCRB-2 WCRB-3 WCRB-4 WCRB-5 WCRB-6 WCRB-7	1:45	1150 Club Platter Parade WCRB-1 WCRB-2 WCRB-3 WCRB-4 WCRB-5 WCRB-6 WCRB-7
1 P.M.	Steve Allen show Kathy Norris show Johnny Olson John's Kitchen Home Town Telefar News Caroline Day	1:15	WCRB-1 WCRB-2 WCRB-3 WCRB-4 WCRB-5 WCRB-6 WCRB-7	1:30	Gerry Moore show Kathy Norris show Tess Patterson The Fitzgeralds Telefar News Giant Game	1:45	Gerry Moore show Kathy Norris show Tess Patterson The Fitzgeralds Telefar News Giant Game	2:15	Mary McRae Billie Holiday Natalie Wood Steve Allen show Kathy Norris show Tess Patterson The Fitzgeralds Telefar News Giant Game	2:30	1150 Club Platter Parade WCRB-1 WCRB-2 WCRB-3 WCRB-4 WCRB-5 WCRB-6 WCRB-7	2:45	1150 Club Platter Parade WCRB-1 WCRB-2 WCRB-3 WCRB-4 WCRB-5 WCRB-6 WCRB-7
2 P.M.	Gerry Moore show Jeffrey, Review Mickey Mouse Club Telefar News Giant Game	2:15	WCRB-1 WCRB-2 WCRB-3 WCRB-4 WCRB-5 WCRB-6 WCRB-7	2:30	First 10 Years Film Program Mike Melendez Telefar News Giant Game	2:45	Steve Allen show Date in Manhattan The Fox and I Love of Life Langford Amherst Off the Air	3:15	WCRB-1 WCRB-2 WCRB-3 WCRB-4 WCRB-5 WCRB-6 WCRB-7	3:30	Polydor Winters Dick Durrin Mickey Mouse Club Steve Allen show Date in Manhattan The Fox and I Love of Life Langford Amherst Off the Air	3:45	Polydor Winters Dick Durrin Mickey Mouse Club Steve Allen show Date in Manhattan The Fox and I Love of Life Langford Amherst Off the Air
3 P.M.	Vanity Fair Miss Susan Vanity Fair The Family Jam Giant Game	3:15	WCRB-1 WCRB-2 WCRB-3 WCRB-4 WCRB-5 WCRB-6 WCRB-7	3:30	Mike Wallace Bert Parks Show Bert Parks Show Mike Wallace Bert Parks Show Mike Wallace Bert Parks Show Mike Wallace	3:45	Steve Allen show Date in Manhattan The Fox and I Love of Life Langford Amherst Off the Air	4:15	WCRB-1 WCRB-2 WCRB-3 WCRB-4 WCRB-5 WCRB-6 WCRB-7	4:30	Steve Allen show Date in Manhattan The Fox and I Love of Life Langford Amherst Off the Air	4:45	Steve Allen show Date in Manhattan The Fox and I Love of Life Langford Amherst Off the Air
4 P.M.	Honey, I'm Home Kate Smith Hour Movie Time Movie Time Ted Steele	4:15	WCRB-1 WCRB-2 WCRB-3 WCRB-4 WCRB-5 WCRB-6 WCRB-7	4:30	Color Program Kate Smith Hour Kate Smith Hour Nancy Craig Show Smart Kitchen Sue Myrtle Show	4:45	Steve Allen show Date in Manhattan The Fox and I Love of Life Langford Amherst Off the Air	5:15	WCRB-1 WCRB-2 WCRB-3 WCRB-4 WCRB-5 WCRB-6 WCRB-7	5:30	Mark Trail Steve Allen show Date in Manhattan The Fox and I Love of Life Langford Amherst Off the Air	5:45	Mark Trail Steve Allen show Date in Manhattan The Fox and I Love of Life Langford Amherst Off the Air
5 P.M.	Serials Dramas Test Pattern Mrs. Klein Uncle Tom Walt Jackson	5:15	WCRB-1 WCRB-2 WCRB-3 WCRB-4 WCRB-5 WCRB-6 WCRB-7	5:30	Western Film Hawks, Hood Hawks, Hood Hawks, Hood Hawks, Hood Hawks, Hood Hawks, Hood	5:45	Steve Allen show Date in Manhattan The Fox and I Love of Life Langford Amherst Off the Air	6:00	WCRB-1 WCRB-2 WCRB-3 WCRB-4 WCRB-5 WCRB-6 WCRB-7	6:15	Steve Allen show Date in Manhattan The Fox and I Love of Life Langford Amherst Off the Air	6:30	Steve Allen show Date in Manhattan The Fox and I Love of Life Langford Amherst Off the Air
6 P.M.	Serials Dramas Test Pattern Mrs. Klein Uncle Tom Walt Jackson	6:15	WCRB-1 WCRB-2 WCRB-3 WCRB-4 WCRB-5 WCRB-6 WCRB-7	6:30	Western Film Hawks, Hood Hawks, Hood Hawks, Hood Hawks, Hood Hawks, Hood Hawks, Hood	6:45	Steve Allen show Date in Manhattan The Fox and I Love of Life Langford Amherst Off the Air	7:00	WCRB-1 WCRB-2 WCRB-3 WCRB-4 WCRB-5 WCRB-6 WCRB-7	7:15	Steve Allen show Date in Manhattan The Fox and I Love of Life Langford Amherst Off the Air	7:30	Steve Allen show Date in Manhattan The Fox and I Love of Life Langford Amherst Off the Air
7 P.M.	Serials Dramas Test Pattern Mrs. Klein Uncle Tom Walt Jackson	7:15	WCRB-1 WCRB-2 WCRB-3 WCRB-4 WCRB-5 WCRB-6 WCRB-7	7:30	Serials Hawks, Hood Hawks, Hood Hawks, Hood Hawks, Hood Hawks, Hood Hawks, Hood Hawks, Hood	7:45	Steve Allen show Date in Manhattan The Fox and I Love of Life Langford Amherst Off the Air	8:00	WCRB-1 WCRB-2 WCRB-3 WCRB-4 WCRB-5 WCRB-6 WCRB-7	8:15	Steve Allen show Date in Manhattan The Fox and I Love of Life Langford Amherst Off the Air	8:30	Steve Allen show Date in Manhattan The Fox and I Love of Life Langford Amherst Off the Air
8 P.M.	Serials Dramas Test Pattern Mrs. Klein Uncle Tom Walt Jackson	8:20	WCRB-1 WCRB-2 WCRB-3 WCRB-4 WCRB-5 WCRB-6 WCRB-7	8:45	Serials Hawks, Hood Hawks, Hood Hawks, Hood Hawks, Hood Hawks, Hood Hawks, Hood Hawks, Hood	8:45	Steve Allen show Date in Manhattan The Fox and I Love of Life Langford Amherst Off the Air	9:00	WCRB-1 WCRB-2 WCRB-3 WCRB-4 WCRB-5 WCRB-6 WCRB-7	9:15	Steve Allen show Date in Manhattan The Fox and I Love of Life Langford Amherst Off the Air	9:30	Steve Allen show Date in Manhattan The Fox and I Love of Life Langford Amherst Off the Air
9 P.M.	Horror Light Out Wrestling Terror Paul Draper show Your Neighbor Feature Movie	9:15	WCRB-1 WCRB-2 WCRB-3 WCRB-4 WCRB-5 WCRB-6 WCRB-7	9:45	It's Not to Me Hawks, Hood Hawks, Hood Hawks, Hood Hawks, Hood Hawks, Hood Hawks, Hood	9:45	Steve Allen show Date in Manhattan The Fox and I Love of Life Langford Amherst Off the Air	10:00	WCRB-1 WCRB-2 WCRB-3 WCRB-4 WCRB-5 WCRB-6 WCRB-7	10:15	Steve Allen show Date in Manhattan The Fox and I Love of Life Langford Amherst Off the Air	10:30	Steve Allen show Date in Manhattan The Fox and I Love of Life Langford Amherst Off the Air
10 P.M.	Studio One Bob Montgomery Wrestling Movie Time On Trial Western Movie Feature Movie	10:15	WCRB-1 WCRB-2 WCRB-3 WCRB-4 WCRB-5 WCRB-6 WCRB-7	10:30	Studio One Hawks, Hood Hawks, Hood Hawks, Hood Hawks, Hood Hawks, Hood Hawks, Hood	10:45	Steve Allen show Date in Manhattan The Fox and I Love of Life Langford Amherst Off the Air	11:00	WCRB-1 WCRB-2 WCRB-3 WCRB-4 WCRB-5 WCRB-6 WCRB-7	11:15	Steve Allen show Date in Manhattan The Fox and I Love of Life Langford Amherst Off the Air	11:30	Steve Allen show Date in Manhattan The Fox and I Love of Life Langford Amherst Off the Air
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