

Advice on Your HEALTH

By HERMAN N. BUNDESEN, M.D. The term "epidemic vomiting" is used to identify a disease which seems to occur in epidemics and whose chief symptom is severe and constant vomiting. Most often it affects babies and young children.

Although the cause is unknown, the disorder apparently involves a disturbance in the digestion and the use of carbohydrate foods. It is a known fact that phosphates play a very important role in the body's use of these substances. For these reasons, tests with a phosphate-containing solution were made to see whether it might not have a corrective effect on the vomiting.

The preparation — carbohydrate phosphate acid solution — was given in teaspoon doses every 15 minutes for a total of four doses, with older children receiving larger amounts. In addition to being tried for babies suffering from epidemic vomiting, it was also given to those suffering from toxic vomiting caused by acute infections, in cases of sickness, and to babies who spit up their milk a short time after feeding.

The treatment of epidemic vomiting was supplemented by giving a low-fat, high-carbohydrate, and low-salt diet, with the elimination of milk and citrus fruits for a 24-hour period.

There was complete cure in the 172 cases of epidemic vomiting treated in this manner. Of 43 infants who did not keep their feedings down, 29 responded to all, 15 of 17 with toxic vomiting did well, and all of the 11 children with motion sickness responded well.

Since then, the preparation has been used by a number of pediatricians, with satisfactory results.

QUESTIONS AND ANSWERS

A. R. T. What can cause a movement in the lower part of the abdomen like pregnancy although I am not pregnant?

Answer: Pain in the lower part of the abdomen may be due to a variety of causes, such as a disturbance of the bowel or kidneys, or its trouble with the tubes or ovaries.

A thorough study by the physician is necessary, including X-rays of the stomach, bowel, and the gallbladder.

Fix It Yourself

By HUBBARD COBB (The Handy Man)

SANDING FLOORS

The best way to remove an old finish from the floor and get the wood nice and smooth again is by sanding and the best way to sand a floor is with an electric floor sander. Besides the large sanding machine you'll also need a little one called an "edger" for getting in around close to the walls and a hand scraper and some sandpaper for getting in spots where even the edger can't go.

The first sanding is done across the grain and for this you want No. 3 grade sandpaper on your machine. After this all other sanding is done in the direction of the wood grain. You get over the floor once with No. 1-2 grade sandpaper then with No. 4 and finally with No. 60. Before you do the final sanding, get in along the edges of the floor with the edger and other out of the way spots with the hand scraper and sandpaper. You can keep a good cutting edge on the scraper by touching it up with a file occasionally. It's a good idea at this time to check over the floor for any nail heads that might be sticking up or cracks that may need filling. Attend to these now so that the final sanding will smooth everything out and you won't have to go walking across the freshly sanded floor and get it all dirty. The first coat of finish should be applied as soon after sanding as possible to prevent it from becoming soiled.

Up To Her "He's amazed that I'm embarrassed that I could afford to have two bedrooms when others couldn't. This was fine, and mentioned some wealthy friends of his who have separate suites."

"We dropped the matter then, and after two or three months I mentioned it again. He asked me really meant that much to me and when I said yes he replied, 'Tummy little girl' and he said that I was to make whatever arrangement I liked."

"Should I or is he right after all?" None of my parents or friends had such a setup and I don't feel at all happy about it."

Answer: While separate rooms

QUESTIONS AND ANSWERS

Q—How many passengers and troops will the S. S. United States be able to carry when she is completed?

A—This ship, the largest and fastest passenger ship ever built in this country will have accommodations for 2,000 passengers, and will be readily convertible into a transport to carry 14,000 troops.

Q—Who was the first person to see the heavens through a telescope?

A—Galileo Galilei, who constructed a crude telescope and first examined the moon through it in 1609.

Q—Where is the Navajo Trail?

A—This famous old trail cannot definitely be located as it is more or less traditional. Part of the Navajo Trail is in New Mexico.

Q—Is the cland, the largest of all antelopes, edible?

A—Yes. Its flesh tastes very much like beef.

Q—What is geriatrics?

A—Geriatrics (from the Greek meaning "old age") is the branch of medicine which deals with treatment of elderly patients.

Look Your Best

By Colette

If petite-size older woman—



DO complement stature and age with sophisticated fashions.

DON'T miss young design dramatized by elegant fabric.

IF PETITE-SIZE OLDER WOMAN—Not many women want to look kittenish. Nor do they want matronly styles particularly not if they have kept a youthful figure. The trick is to use simple design with handsome fabrics. For restaurant-dining, velvet and faille now.

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Your Marriage

By SAMUEL G. and ESTHER G. KLING

Hubband wants own room. Bride Would Prefer Sharing

"Dear Mr. and Mrs. Kling: "Is my husband right in wanting to have separate rooms? He's 39 and I'm 35, and we've been married only a short time."

"Even before our marriage he believed a woman should have some private 'sanctum' where she could keep all her feminine things about her and where she could be alone. I thought at the time he meant this as sort of 'retreat' but expected we would share a bedroom."

"Since our marriage we've been living in the apartment he previously occupied with his mother. Two single beds being in each bedroom, I have her bedroom, he has his own, as always."

"After his mother left, I didn't want to make any disturbance and accepted this arrangement. Seems Unnatural."

"But I became—and this is the least important phase of it—some what embarrassed at having visitors. When a very intimate friend came to my new home for the first time, she commented rather humorously on our bedroom arrangements. I feel others, too, have been surprised."

"What bothers me most, however is that it all seems so unnatural. It somehow makes me feel desolate at night, when my husband bids me goodnight and goes off to his room. I would like having his belongings near mine and to feel he is close by."

"I want to emphasize that he is the kindest and most considerate of husbands. We are wonderfully compatible in every way and completely in love. But I feel that married people should share the same bedroom. When I talked to my husband about this, he said he'd always been accustomed to his own room and being a strenuous mental worker, it's important that he get his sleep. He feels, too, that it's more convenient as regards cupboard space and altogether more sensible."

"He's amazed that I'm embarrassed that I could afford to have two bedrooms when others couldn't. This was fine, and mentioned some wealthy friends of his who have separate suites."

"We dropped the matter then, and after two or three months I mentioned it again. He asked me really meant that much to me and when I said yes he replied, 'Tummy little girl' and he said that I was to make whatever arrangement I liked."

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Understanding CHILDREN

By ANGELO PATRI

When a little child of two years or so seems to be in terror at the thought of being left alone, of being left with someone other than his immediate relatives, when he will go to bed only if there is a light in his room and his mother close by, his parents have a difficult time. It is a constant care, with all the duties a mother of a family has to face, he is almost an affliction. What can we do?

This child is really in fear, terrible fear, beyond his understanding and control. Until we find the cause of the fear the only thing we can do is to keep him close to us, encourage him to be brave, tell him stories that speak of God's care of little children, and try to get him to see that he is loved and protected by his father and mother and his brothers and sisters. They are not afraid because he is almost an affliction. There is no reason for his being so.

We talk this way to him but talking in of little use. We must look for the cause of the disturbance. All children have some fear in their minds. It is set there for their protection. This panic fear that makes a child scream in wild terror is something else.

Is there any discord between the father and mother? Does any member of the family dislike this child? Has anyone ever hurt him, or threatened to do so? What were the circumstances of his birth? Has he any background or his complete environment to learn if possible the cause of his anxiety.

Usually we must ask for help from the specialists in such extreme cases. Rarely can the mother find the cause, more rarely still will she be able to prescribe the remedy for it. A stranger who has no emotional ties to the child or his family will be better able to see what is troubling the child, better able to see the family as they are, and in a better position to speak candidly about it. The children's specialist, a professionally trained psychologist, the psychiatrist who is associated with a children's hospital or clinic, any such person could help.

Meanwhile? Grin and bear it. There are in every family certain conditions that cannot be changed easily. Unfortunate marriages, uncooperative members of the family, habits and attitudes of the parents that will not be changed, crowded houses that leave no room for children's active growth—such things trouble people. They make the best of them as long as they can.

Stay close to the frightened child, be patient, search for the cause and remove it if possible. But be gentle always. Time will help if love persists.

RECEIVE SCHOLARSHIPS

Edward J. Hubbard, 215 Sheridan street, and Olga Antokha, 37 Lee street, Stratford, have been awarded scholarships at the New England Conservatory of Music for the year 1951-1952. Harrison Keller, director of the Conservatory, has announced.

ON TELEVISION TODAY

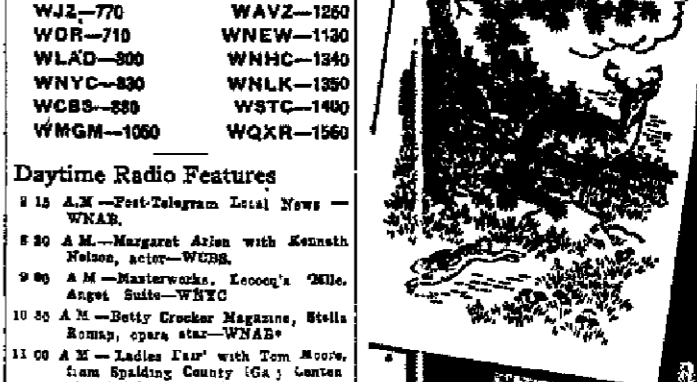
Table listing television programs for Monday, August 6, 1951, with times and station call letters.

TODAY'S RADIO PROGRAM

Table listing radio programs for Monday, August 6, 1951, with times and station call letters.

Wondrous Woodland Scene

By MRS. ANNE CABOT



Here is a lovely woodland scene that captures all the charm of Nature and is easily embroidered. Rich colorings and simple stitchery help to create a needlepointing which will make a handsome panel for any room.

Pattern No. 5208 contains full transfer for design, material requirements, stitch illustrations and color chart.

Send 25 cents in coins your name, address and the pattern number to Anne Cabot, The Bridgeport Telegram, 1150 Ave. Americas, New York 19, N.Y.

Needlework fans—Anne Cabot's big album is here. Dozens of fascinating designs, gifts, decorations and special features... plus 4 gift patterns and directions. 25 cents.

Cooking's Fun!

FAMILY DINNER Cold Mixed Meat—Creamed Potatoes, Heart of Celery, Lettuce—Lemon Dressing—Bread and Butter French Stracciatella—Beverage (Recipe for Stracciatella follows)

Catchup Dressing Ingredients: 1-2 teaspoon salt, 1-2 teaspoon prepared mustard, 1-4 teaspoon celery seed, 1-8 teaspoon pepper, 1 1-2 tablespoons onion juice, 4 tablespoons sugar, 2 tablespoons lemon juice, 2 tablespoons minced sweet green pepper, 1-2 cup salad oil, 1-2 cup catchup.

Method: Place all ingredients in jar—in order given—facilitate measuring. Cover tightly and shake well. Shake well again just before serving. Serve on hearts of lettuce.

Save Money!

Table showing monthly payments for various loan amounts.

Check these TRIMPEY LOAN COSTS against all others.

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