

Understanding CHILDREN

By ANGELO PATRI

Unless there is pressing necessity for taking small children on a visit to a strange house, it is better they remain at home. Their mothers have enough trouble teaching them what to touch and what to let alone. That requires several years or more, even in the familiar surroundings of home.

A wise precaution when children come to visit is to remove valuable breakables from the duration. Have no scarves draped tables; no long draperies in rooms where children are likely to be, because they will pull themselves up by these ornaments, bring tables and lamps crashing to the floor and perhaps injure themselves.

They will investigate every closet, every bureau drawer, every box, tin and dish they can reach. They are not being naughty. They are endeavoring to nourish their intelligence with firsthand experiences, as nature means they shall. To allow them healthy growth and at the same time allow the adults some peace of mind, protection for the possessions, the house should be made as childproof as possible for the years of their explorations.

Give them a set place for play, if possible; provide opportunities for explorations, handling, feeling things; give them a drawer, or a box that holds odds and ends of all sorts. That will keep them busy and content and save the household goods. Change the contents of the box as often as they seem to lose interest in it. Give them things of their own and teach them not to use anything belonging to others without express permission. This will help.

But often children are taken to houses that are not furnished with regard to children and the visit becomes a long agony for the mother as well as for her hostess. The children, excited by the new surroundings, set out on a tour of exploration, investigate lighting fixtures, push buttons, pull drapes, take down books and in general keep themselves and others busy.

Leave them home when visiting such houses. The children are blamed, so are their mothers, for something they are inspired by nature to do and which their mothers are powerless to prevent.

Few of us have nurseries in which children are housed away from the family in charge of a nurse. Few of us would want that even if we could have it. Most of us have to adjust to this stage of the children's growth, help them get through it with profit to themselves and as little trouble to others as possible. Home is a place where children can grow happily and the house must be organized to that end.

Some children are slow because they lack rhythm in their movements. Dr. Patri tells how to overcome slowness to children in his excellent leaflet P-11, "Slowness." To obtain a copy send 10 cents in coin to him, c/o this paper, P. O. Box 99, Station G, New York 10, N. Y.

Sports Threesome



4539 SIZES 12-20

by Anne Adams

Three good sports for your play life! Bra top, wrap-skirt with standaway pockets, and wonderful pleated shorts that are feminine and flattering! Mix together or with other separates. Sew-easy!

Pattern 1539 in sizes 12, 14, 16, 18, 20. Size 16 bra and skirt, 4-7-B yards 35-inch; shorts, 1-1-8 yards.

This pattern, easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

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Look Your Best By Colette

If you're buying T-shirt—



DO select becoming neckline—square for round face.

IF YOU'RE BUYING T-SHIRT—The square-cut neckline is one of the newest of late-day T-shirts and it flatters the round face and plump neck so many women of this type have. For square face, "V" or an oval are best. Careful about too-low necklines for long face.

Literary Guidepost

THIS HAPPENED IN PASADENA, by David Hulburd (Macmillan)

The publishers say this book should be widely read because what happened in Pasadena's school system could happen anywhere. Possibly it could, wherever gossip is a popular pastime. That the reader may be somewhat confused is not entirely the fault of Hulburd. It can be said chiefly to the fact that over now, months later, no one seems quite sure what all the shooting was about.

The facts are these: In 1948, the Pasadena school board, looking for a new superintendent, settled on Willard E. Goslin. He was superintendent in Minneapolis and the able president of the National Association of School Administrators. It gave him a four year contract at \$17,500 annually. A little more than two years later Goslin's administration was repudiated at the polls and five months after that he quit, by request. The balance of his contract was purchased for \$23,500.

Hulburd blames the switch chiefly on the School Development Council. Its handful of leaders either opposed "modern" education

or thought they saw subversive influences in modern trends. No one has ever strictly defined progressive education, and it wasn't here, but anyway, Goslin called himself a middle-of-the-reader.

A state senate committee "found no clear-cut evidence of known subversive activity within the school system." But it said authors of some textbooks had been cited by un-American Activities Committees.

At any rate, the council called mass meetings, and there was much talk over back fences. When Goslin's administration proposed a boost in the budget for needed schools, people turned out just to vote "no."

The book is apt to leave the reader uncertain by virtue of its own uncertainty on what was at issue. Certainly it points up how community talk can get things done or undone. Of factual reporting, Hulburd seems to have done an adequate job, but as objective reporting, it becomes largely a defense of Goslin. The need remains for someone to pinpoint precisely what the opposition opposed. If the opposition knows, that is.

Advice on Your HEALTH

By HERMAN N. BUNDESEN, M.D.

It is a good thing for us to know what the kidney does. For example, there is a substance in the body called albumin. It is one of the important protein constituents of the body. It enters into the composition of the blood serum and also helps to make up many of the tissues.

Normally, the kidneys safeguard the body's supply of albumin by keeping it from being excreted in the urine. However, any disorder which interferes with circulation through these organs will cause albumin to appear in the urine.

Apparently any disturbance of the blood supply to the kidneys cuts down their oxygen and thus damages them to the extent where albumin is secreted.

Excretions Collect

Infections of the kidney, of the kidney pelvis where the excretions collect before they empty into the bladder, and of the bladder itself, may cause the presence of small amounts of albumin in the urine.

The most common causes, however, seem to be those associated with kidney diseases, such as acute or chronic kidney inflammation, or a disorder known as nephrosis. The cause of the latter condition is not definitely known. In this disorder, large amounts of albumin are excreted and there is some edema or swelling of the body tissues. Anemia or lessening of the coloring in the blood is another prominent symptom. This disorder is treated not only by giving a diet high in proteins, but also by injection, into a vein, of protein taken from blood serum.

Whenever albumin is found in the urine, there is need for further study to determine its source. When the cause is found, proper treatment can be carried out.

In the Evening

In one such condition, known as physiologic albuminuria, albumin is found in the urine in the evening, but not in the morning. It is thought that this condition is due to some mild interference with kidney circulation which occurs when the patient stands up, but not when he is lying down. No particular treatment for it is required. There are a number of simple tests for albumin in the urine, such as boiling or adding certain solutions to the urine.

Every individual, at the time of the regular physical examination, once or twice a year, should have his urine tested for the presence of albumin. This is particularly important for middle-aged and older persons who may be developing some type of chronic kidney disease.

QUESTIONS AND ANSWERS

H. C. T.: Is it possible to have X-ray for the sterilization of the male? If so, is this treatment permanent?

Answer: It would be possible to sterilize the male permanently by X-ray. However, this would be highly inadvisable.

TODAY'S RADIO PROGRAM

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