

Advice on Your HEALTH

By HERMAN N. BUNDESEN, M.D.

One of the most important achievements of modern medicine is re-discovery of the patient. It seems strange that he ever slipped out of sight but a backward look over the tremendous scientific progress made in the past 50 years does much to make the matter clear.

During this period our understanding of disease has increased enormously. Our ability to distinguish one disorder from another has been refined, new knowledge of the causes of disease has come to light, and methods of treatment have been vastly improved, tending always to greater precision, until many medical procedures have assumed the exactitude of a mathematical equation. And all this has been to the good since such methods have made for the conquest of many diseases through prevention, control, or cure.

Patient Was Obscured

But with all thought concentrated on the disease — its nature, its cause, its remedy — it is small wonder that the patient was somewhat obscured from view. Today, however, progressive doctors realize that no disease exists without a patient; that it is not enough to diagnose and treat a disorder.

The patient's character, his emotions, and his everyday life play such an important role in his diseased condition that they can not be overlooked. The whole man must be taken into consideration, and not only the disease from which he happens to be suffering at that time. By the whole patient is meant his thoughts, his emotions, his relations to the people with whom he lives, such as his wife and children, as well as his attitude toward those with whom he works.

All these factors contribute to the severity of his illness and, in attempting to cure it, the doctor must be keenly aware of these matters.

Knew the Family

Years ago, when the family doctor treated most sick people, he automatically considered these things. He knew the patient's family, the kind of job the patient had, and the stresses and strains to which he was subject in the course of his everyday living. With modern specialization, however, doctors had a tendency to overlook these situations. They concerned themselves principally with determining the cause of an illness and treating it by the most modern methods.

It is only in recent years that doctors have come to realize that treating an illness is not enough, and so the new expression known as "psychosomatic medicine" has come into use. Psychosomatic medicine recognizes the factors which we have been discussing and attempts to bring to the patient the combination of scientific medicine plus recognition of the role played, for good or ill, by the patient himself, with all his personal foibles, failings, and strength.

QUESTIONS AND ANSWERS

M. F. L.: Can a person with dilated pupils see?

Answer: Dilatation of the pupils interferes with clear vision. The right is blurred.

Slipcover Time



5164

Look Your Best

By Colette

If you want to change sameness of sheath dress—

DO expand with stole,
panneled sash, or
overskirt.

DON'T fail to offset the
uniformity of tubular
sheath dress.



IF YOU WANT CHANGE SAMENESS OF SHEATH DRESS—Now that fashion is putting the sliver of a sheath dress on top for spring and for summer, accessories for change are, the long sash, the apron or overskirt tie-on, and, of course, in different colors as the big pick-up.

Your Marriage

By SAMUEL G. and ESTHER E. KLING

TIPS ON HOW TO GET ALONG WITH EACH OTHER'S IN-LAWS

Q. What makes for a good in-law relationship?

A. A study made by Peggy Marcus of Cornell University and reported in the Journal of Home Economics throws light on this important subject. Here are the factors found most significant for both husband and wife:

1. Approval of couple's marriage by parents. Where the couple had such approval from the very beginning, there was invariably a good adjustment. On the other hand, where such parental blessing was missing, in-law adjustment, as might be expected, was always more difficult.

2. Meeting the prospective partner's family before marriage. Significantly, those couples made a good adjustment when they met their in-laws before marriage. They made an even better adjustment when they met before the engagement, the parents feeling that they had not been neglected as consultants and advisers.

Friendliness Helps

3. Parental compatibility. Helping influence a good adjustment between in-laws was the friendliness of parental families toward each other when they met. When such families got along well, it definitely affected the young couple's adjustment with their respective in-laws. When they didn't get along, it adversely affected the in-law relationship.

4. A separate household for each couple and their children, free from the presence of other relatives. Overwhelmingly, the study corroborated the popular feeling that double living simply doesn't work out. "We are much better friends now that we have our own homes," was typical of the comments received.

5. Happy marriage of the parents and of the couple. Where the parents were happily married, they were less dependent on the young married couple, while the couple brought up in such an atmosphere usually reflected a high degree of emotional maturity.

Same Religion

6. Marriage between persons of the same religion. This was one of the most significant factors contributing to good in-law relationships.

7. Wife's education for marriage. Where the wife had taken a mar-

ON TELEVISION TODAY

9:30 Crime Hearing

Crime Hearing